



# Kabbalah In The Wilderness

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## The Spiritual and the Physical Realm

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by  
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The Torah deals with the meeting of the Spiritual and Physical realms. We can easily read the Torah, in English, and forget there is a Spiritual Realm. It's there, but subtly. We will be speaking to those two realms to give an awareness that I'll help us identify these two realms.

Both of these realms are part of creation so we have access to them. Access means awareness of. They are not forbidden to us. They are not beyond our comprehension.

Kabbalah teaches us that what is in the Physical realm actually has its roots from above in the Spiritual realm. This tells us that the two are tightly coupled and via the physical we can see what is in the Spiritual realm. Also our Spiritual awareness can help us see what it is in the Physical realm.

In the Torah we find references to drawing close to G-d. To draw near to something in the Physical realm, we need to reduce the distance between two things. To come close to my wife I would have to walk towards her. In the Spiritual realm we draw close by becoming similar in "form."

To draw near to G-d requires us to become G-d like. The Abrahamic walk was about discovering G-d's attributes and becoming like G-d. He discovered the attributes of G-d and transformed himself by emulating those attributes. He discovered them in the land of Canaan.

In Abraham's walk we will find directions and places that are actually key words to roots above in the Spiritual realm. Abraham was dropping clues to those attributes that he took hold of to draw near. So in the Physical realm he was wandering around drawing near to places where he can find attributes of G-d. Then the attributes became part of his makeup and he became similar to G-d and thus near in the Spiritual realm.



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Now as we read the passages we should pay attention of these clues. For they raise our awareness of the Spiritual and Physical realms.

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